

WELCOME TO CAPTURING

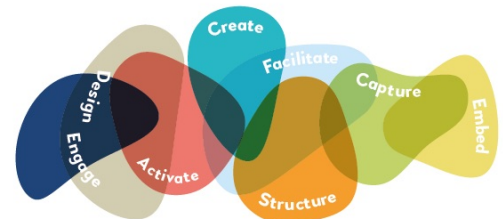
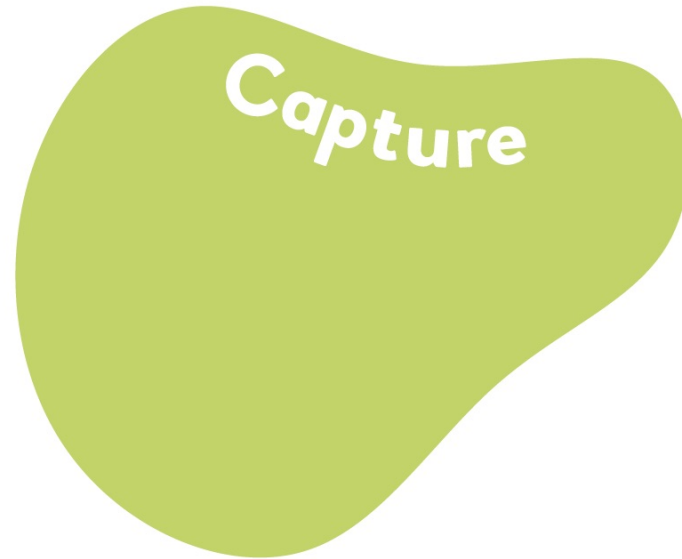
You've made it through most of the meeting - and you've had some truly powerful conversations. But how many times have you felt really clear and even excited about something in a meeting - only for that feeling to almost entirely ebb away by the time you're back at your desk and into deep work again?

The capture canvas helps get clear on the **OUTCOMES** of the conversation and export that passion and commitment out of the meeting.

Make the notes you write on the capture canvas appetising and inspiring. Embue them with the energy and specificity they have in the meeting so when people come back to them after the meeting, they bring that meeting back to life.

With my best wishes,

Dr Carrie Goucher
FewerFasterBolder.com



CAPTURE CANVAS

This canvas is part of a set from the FewerFasterBolder toolkit

Meeting name		Date
Decided	Car park	
Next	Who do we need to tell?	
	Participants	
	-	-
	-	-
	-	-
	-	-

